

# STOTT PILATES™ GROUP X Reformer

Because less is more



STOTT PILATES just made it easier for clubs to implement a quality pilates program with a lightweight, high-performance Reformer that's built to last — the new Group X Reformer.

Designed for facilities with high expectations for their multi-purpose group exercise rooms, the Group X Reformer offers unparalleled safety, durability and versatility. At only 100 lbs, it's a portable unit that stands its ground by facilitating dozens of exercises, including cardio-based plyometrics, then converts quickly to a mat to deliver dozens more.

A solid, no-nonsense piece, the Group X is designed to withstand continual use. Plus, it accommodates a full complement of Reformer accessories to expand programming options and keep members motivated.

Featuring a higher carriage and longer rail-length than others in its class, the Group X handles members of all sizes and provides an uncompromisingly smooth ride thanks to STOTT PILATES' signature patented rolling mechanism.

The STOTT PILATES Group X Reformer packs such a punch, you'll want to keep it busy all the time. But, when space is at a premium, just roll it away, stack 5-high or hang on our convenient racking system.

**GROUP X**  
reformer

**"STOTT PILATES equipment lasts longer because of its superior construction and materials. Simpler adjustments result in less wear & tear and more versatility. When it comes to quality and ease of adjustment, STOTT PILATES is my choice."**

Richard Chew, Owner, Elix'r Health Club, Sydney, AU



Shown with chrome upgrade package.

**GROUP X REFORMER**

**Features**

- ▶ Shoulder rests lock in place and detach for ease of storage and when converting for Matwork™.
- ▶ Adjustable four-position footbar drops easily into cradles to regulate hip and knee flexion.
- ▶ Gearbar slots into three different positions to adjust tension easily. Springs secure quickly and safely.
- ▶ When stacking, shoulder rests slide conveniently into brackets affixed to the frame.
- ▶ Reinforced pulley bars detach and store for stacking without disengaging ropes.



**Equipped with**

- ▶ 5 Reformer springs  
4 x 100% + 1 x 50% tension
- ▶ soft Reformer loops & ropes
- ▶ 3 gearbar positions
- ▶ 6 carriage stopping positions
- ▶ 3 headrest positions
- ▶ 4 footbar positions
- ▶ detachable shoulder rests
- ▶ easy-roll wheels
- ▶ secure spring housing system

**Dimensions**

- ▶ overall width 22"
- ▶ overall length 97"
- ▶ carriage height from floor 9"
- ▶ weight 100 lbs



**Customize your look**

Available in six standard or more than 70 custom upholstery colors. Frames can also be made in a variety of colors to suit your space. Or choose our chrome upgrade package (chrome pulleybars, shoulder rest handles and gearbar).



Convenient wall-mounting system maximizes floor space.



Stack Reformers 5-high one directly on top of the next, without the need for cumbersome spacers. A sturdy rolling base makes moving effortless.



Easy-roll wheels make repositioning the Group X Reformer a breeze.

**Optional Accessories**



Jumpboard locks securely in place for plyometric exercises.



Add a Mat Converter to create a stable cushioned surface for Matwork and maximize programming options.

Limited lifetime warranty, see [stottpilates.com/warranty](http://stottpilates.com/warranty) for details

**STOTT PILATES™**  
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