

# STOTT PILATES™ GROUP X Reformer

Because less is more

STOTT PILATES just made it easier for clubs to implement a quality pilates program with a lightweight, high-performance Reformer that's built to last — the new Group X Reformer.

Designed for facilities with high expectations for their multi-purpose group exercise rooms, the Group X Reformer offers unparalleled safety, durability and versatility. At only 100 lbs, it's a portable unit that stands its ground by facilitating dozens of exercises, including cardio-based plyometrics, then converts quickly to a mat to deliver dozens more.

A solid, no-nonsense piece, the Group X is designed to withstand continual use. Plus, it accommodates a full complement of Reformer accessories to expand programming options and keep members motivated.

Featuring a higher carriage and longer rail-length than others in its class, the Group X handles members of all sizes and provides an uncompromisingly smooth ride thanks to STOTT PILATES' signature patented rolling mechanism.

The STOTT PILATES Group X Reformer packs such a punch, you'll want to keep it busy all the time. But, when space is at a premium, just roll it away, stack 5-high or hang on our convenient racking system.

**GROUP X**  
reformer

"STOTT PILATES equipment lasts longer because of its superior construction and materials. Simpler adjustments result in less wear & tear and more versatility. When it comes to quality and ease of adjustment, STOTT PILATES is my choice."

Richard Chew, Owner, Elix'r Health Club, Sydney, AU

Shown with chrome upgrade package.



## GROUP X REFORMER

### Features

- ▶ Shoulder rests lock in place and detach for ease of storage and when converting for Matwork™.
- ▶ Adjustable four-position footbar drops easily into cradles to regulate hip and knee flexion.
- ▶ Gearbar slots into three different positions to adjust tension easily. Springs secure quickly and safely.
- ▶ When stacking, shoulder rests slide conveniently into brackets affixed to the frame.
- ▶ Reinforced pulley bars detach and store for stacking without disengaging ropes.



### Equipped with

- ▶ 5 Reformer springs  
4 x 100% + 1 x 50% tension
- ▶ soft Reformer loops & ropes
- ▶ 3 gearbar positions
- ▶ 6 carriage stopping positions
- ▶ 3 headrest positions
- ▶ 4 footbar positions
- ▶ detachable shoulder rests
- ▶ easy-roll wheels
- ▶ secure spring housing system

### Dimensions

- ▶ overall width 22"
- ▶ overall length 97"
- ▶ carriage height from floor 9"
- ▶ weight 100 lbs



### Customize your look

Available in six standard or more than 70 custom upholstery colors. Frames can also be made in a variety of colors to suit your space. Or choose our chrome upgrade package (chrome pulleybars, shoulder rest handles and gearbar).



Convenient wall-mounting system maximizes floor space.



Stack Reformers 5-high one directly on top of the next, without the need for cumbersome spacers. A sturdy rolling base makes moving effortless.



Easy-roll wheels make repositioning the Group X Reformer a breeze.

### Optional Accessories



Jumpboard locks securely into place for plyometric exercises.



Add a Mat Converter to create a stable cushioned surface for Matwork and maximize programming options.

Limited lifetime warranty, see [stottpilates.com/warranty](http://stottpilates.com/warranty) for details

# STOTT PILATES™

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