Body + Mind + Spirit 2008

Along with Pilates & Gyrotonic Workshops, the Fitness & Wellness Expo features up to 80 booths of the latest in fitness goods, services & wellness products! Perfect for individuals, teachers, studio owners and health clubs!

FITNESS & WELLNESS EXPO

Friday Night Sale

❖ Coupons at Expo Hall entrance can be used 5:00−7:00pm only

Latest Professional Equipment Discounted

❖ Professional equipment available at discounted rates from Balanced Body," APT Pilates,™ Peak Pilates, and Stott Pilates. Reformers, Chairs, Cadillacs, Resistance Rings, Foam Rollers, and much more! Buy and take home! Demo equipment picked up on Sunday after 2:00 pm.

Demos and Performances

On stage during Expo hours

Workshops with Master Teachers

Register on-site for available workshops and practice classes















2-Day Pre-Conference, April 23 & 24 3-Day Main Conference, April 25 -27

Santa Clara Convention Center 5001 Great America Parkway, Santa Clara, CA

Register at: www.bodymindexpo.com

Expo Hours:

Friday: 11:00 am to 2:00 pm

& 5:00 pm to 7:00 pm

Saturday: 11:00 am to 2:00 pm

& 5:00 pm to 7:00 pm

Sunday: 9:00 am to 2:00 pm

FITNESS EXPO FREE PASS!

☐ Instructor ☐ Student ☐ Club Management