

Pilates Edge™

Increasing height adds variety and assistance to any workout.

Used in supine, prone, side-lying, seated or kneeling positions, the angled Pilates Edge accesses gravity for assistance or resistance in exercises. The upholstered triangle features a sturdy wooden base with dense foam padding along with integrated hooks for additional resistance equipment attachments and exercise options.

Product Specifications

- ▶ Width 21" ▶ Height 14.5"
- ▶ Length 39" ▶ Weight 17 lbs



Spine Corrector

A staple in any fully equipped professional rehab or post-rehab facility.



The Spine Corrector features a steeper curve than the smaller Arc Barrel along with a small raised platform or 'step'. The higher barrel allows for a greater range of motion through the full spine as well as hips and shoulders. Sturdy wood construction and solid maple handgrips facilitate a full repertoire of movements incorporating the whole body, but focusing on torso, shoulder and hip mobility and stability.

Product Specifications

- ▶ Width 21.5" ▶ Width with handles 32"
- ▶ Length 30.75" ▶ Height 12"
- ▶ Weight 24 lbs *Some assembly required*

Spine Supporter

An ideal way to support the back while targeting abdominals, arms and legs.

Specifically designed to support the spine and reduce neck tension, the Spine Supporter provides a gently curving foam backing to maintain spinal flexion and encourage torso stabilization. Dense foam padding upholstered in durable vinyl covers sturdy wooden construction. Comes complete with support straps.

Product Specifications

- ▶ Width 13" ▶ Length 29.5"
- ▶ Height 15" ▶ Weight 8 lbs



Questions?

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email equipment@stottpilates.com or visit www.stottpilates.com