

Rehab ReformerTM Bundle

Develop optimal therapeutic and conditioning programs with the STOTT PILATES® Rehab Reformer Bundle.

Prescribe and perform hundreds of core stability and peripheral mobility exercises with exceptional results.

From neutral, supported positions, post-trauma exercises can be performed with initial resistance as low as 2.75 pounds. Work all muscle groups and progress patients from a supported supine position, performing open and closed chain exercises, to prone, seated, kneeling, lunging and standing poses.

The adjustable footbar and carriage stopping system regulate range of motion to accommodate a broad range of physiques and physical conditions. Five resistance springs and three gearbar positions provide 27 permutations of load. The elevated carriage affords comfortable mounting/dismounting for rehab clients. As with all STOTT PILATES Reformer products, the whisper-smooth patented rolling mechanism of the carriage ensures precise and safe operation, allowing users to focus on proper form and execution.

Bundle includes: Rehab Reformer, Maple Roll-Up Pole, Reformer Box, Padded Platform Extender and one DVD, *Essential Reformer, 2nd Edition*.



Product Features

- ▶ High-quality materials and construction, superior stability, proven durability continuous safety through high-intensity use
- ▶ Wide ranging adjustability accommodates a myriad of clients and varying physical requirements
- ▶ Higher height offers easier mounts and dismounts for rehab use
- ▶ Ultra rigid rails and patented rolling mechanism provide a whisper-smooth carriage ride
- ▶ Footbar, spring tension gearbar and carriage stopping system adjust to regulate hip and knee flexion
- ▶ Robust wooden standing platform, footbar and pommel-style shoulder rests support a wide range of body weights
- ▶ Easy-roll wheels make it a breeze to move or reposition
- ▶ Carriage equipped with five Reformer springs (3 x 100% tension, 1 x 50% and 1 x 25%), removable shoulder rests, soft Reformer loops and ropes, secure spring housing system and our patented retractable rope system

Dimensions & Specifications

Reformer Dimensions

- ▶ Width 30"
- ▶ Length 97"
- ▶ Weight 185 lbs
- ▶ Load capacity 350 lbs

Carriage Dimensions

- ▶ Width 24"
- ▶ Length 38.5"
- ▶ Height from floor 22.5"

Some assembly required

Safety & Maintenance Tip

Reformer springs should be replaced every two years.

CELEBRATING
20+
YEARS
OF INNOVATION

Questions?

Call us at 416-482-4050 x 264 or toll-free at 1-800-910-0001,
email equipment@stottpilates.com or visit www.stottpilates.com

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