

# stott education course fees

## COURSES AT STOTT

AMERICAN \$ | CANADIAN \$

### Intensive Certification *max 12 per course excluding ISP*

■ Mat-Plus™ [IMP]	\$ 816.00	1,225.00
■ Reformer [IR]	1,150.00	1,725.00
■ Cadillac, Chair, & Barrels [CCB]	1,150.00	1,725.00
■ Injuries & Special Populations [ISP]	770.50	1,180.00

### Comprehensive Certification *max 12 per course excluding ISP*

■ Mat & Reformer [CMR]	1,780.50	2,615.00
■ Cadillac, Chair, & Barrels [CCCB]	740.50	1,115.00
■ Injuries & Special Populations [ISP]	770.50	1,180.00
■ CMR, CCCB, ISP	3,000.00	4,500.00
■ Advanced Repertoire [AM,AR,ACCB]	735.00	1,130.00
■ Full Certification (level 1 & 2)	3,200.00	4,700.00

### Rehabilitation Instruction *max 12 per course*

■ Mat & Reformer, module 1 [RMR1]	920.00	1,380.00
■ Mat & Reformer, module 2 [RMR2]	920.00	1,380.00
■ C,C & B, module 1 [RCCB1]	920.00	1,380.00
■ C,C & B, module 2 [RCCB2]	920.00	1,380.00
■ practical assessment exam	100.00	150.00

### Graduate Courses

■ Injuries & Special Populations [ISP]	770.50	1,180.00
■ Advanced Matwork™ [AM]	123.00	190.00
■ Advanced Reformer [AR]	414.00	640.00
■ Advanced C,C & B [ACCB]	276.00	428.00
■ Full Advanced Repertoire [AM,AR,ACCB]	735.00	1,130.00

### Exam Fees

for level 1 OR level 1 & 2 simultaneously (practical & written component)

■ Mat exam	160.00	200.00
■ Reformer exam	160.00	200.00
■ Mat & Reformer exam	210.00	250.00
■ Mat, Reformer & CC&B or Full exam	260.00	300.00
■ Make-up exam <i>practical OR written</i>	100.00	150.00

### Advanced Repertoire Exam Fees

for levels 1 and 2 taken at different times (practical component only)

■ Advanced Mat exam	100.00	150.00
■ Advanced Reformer exam	100.00	150.00
■ Advanced Mat & Reformer exam	125.00	175.00
■ Advanced Mat, Reformer, & CCCB exam	150.00	200.00

### Required Materials for courses and workshops

see course materials order form for details

■ manual(s) each	19.95-49.00	29.95-75.00
■ instructional video(s) each	14.95-44.95	19.95-69.90

Prices are subject to change without notice. Fees for courses and workshops do not include mandatory reading material and videos or taxes where applicable. **Non-refundable, non-transferable deposit of \$200US/\$300CAD** required to reserve space. **Course fees due 2 weeks** before start date of course. Course fees are non-refundable. Payment must be made in full in order to book exams.

## HOSTING COURSES

AMERICAN \$ | CANADIAN \$

### Introductory Workshops

■ one day workshop	\$1,035.00	1,518.00
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### Intensive Certification at your location

maximum 12 students per instructor excluding ISP

■ Mat-Plus™ [IMP]	5,060.00	7,590.00
■ Reformer [IR]	6,325.00	9,487.50
■ Mat & Reformer [IMR]	11,385.00	17,077.50
■ Cadillac, Chair, & Barrels [ICCB]	6,325.00	9,487.50
■ Injuries & Special Populations [ISP]	4,140.00	6,210.00

### Rehabilitation Instruction at your location

■ Mat & Reformer, module 1 [RMR1]	4,105.50	6,072.00
■ Mat & Reformer, module 2 [RMR2]	4,105.50	6,072.00
■ Cadillac, Chair, & Barrels 1 [RCCB1]	4,105.50	6,072.00
■ Cadillac, Chair, & Barrels 2 [RCCB2]	4,105.50	6,072.00
■ practical assessment exam ( <i>rehab</i> )	100.00	150.00

**NOTE: preferred rates are available for owners of multiple clubs.**

### Graduate Courses at your location

■ Injuries & Special Populations [ISP]	4,140.00	6,210.00
■ Advanced Matwork™ [AM]	759.00	1,138.50
■ Advanced Reformer [AR]	2,277.00	3,415.50
■ Advanced C,C & B [ACCB]	1,518.00	2,277.00
■ Full Advanced Repertoire [AM,AR,ACCB]	4,554.00	6,830.50

### Exam Fees at your location

for level 1 OR level 1 & 2 simultaneously (practical & written component)

■ Mat exam	210.00	250.00
■ Reformer exam	210.00	250.00
■ Mat & Reformer exam	235.00	275.00
■ Mat, Reformer & CC&B or Full exam	260.00	300.00

### Advanced Repertoire Exam Fees at your location

for levels 1 and 2 taken at different times (practical component only)

■ Advanced Mat exam	150.00	200.00
■ Advanced Reformer exam	150.00	200.00
■ Advanced Mat & Reformer exam	175.00	225.00
■ Advanced Mat, Reformer, & CCCB exam	200.00	250.00

### Additional Fees for on-site training

in addition to instructor fees, the host site is responsible for covering the instructor's travel costs, per diem and accommodation

■ per diem, daily per instructor	TBD	TBD
■ airfare, all ground transportation & accommodation (if applicable)	TBD	TBD

# new from stott pilates™

## TEACHING AIDS

**Wall charts** are a great way to support client instruction and brighten up your walls. Printed in full color, the charts outline relevant exercises, suggested number of repetitions and recommended equipment settings. Also available as convenient pads of 100 tear-off **client workout sheets** – ideal for tracking client progress.

## EDUCATIONAL MATERIALS

STOTT PILATES **manuals** and **videos** are carefully designed to ensure you get the most from your training. Each **manual** carefully documents and illustrates relevant exercises and modifications. The STOTT PILATES **video** library includes more than 30 titles – ranging from *Essential Matwork*™ to *Advanced Reformer*.

## EXERCISE MATS

Our two styles of mats are perfect for pilates, yoga and stretch & strength exercises. The flat **Institutional Mat**, made of closed-cell foam, provides optimal comfort and durability. The nylon-covered **Home Mat** folds for easy storage and travel.

**home mat:** width 23", length 55", thickness 1/2", weight 3 lbs.  
**institutional:** width 23", length 72", thickness 5/8", weight 5 lbs.

30 **video** titles, the most comprehensive collection worldwide



The **home folding mat** folds conveniently to w11-1/2" x L18-1/2" x H3". Available in black only.



12 **wallcharts** & client workout pads outline the entire repertoire.



The **comprehensive matwork manual** is the first of eleven titles planned. Detailed photographs illustrate every exercise.

See your STOTT equipment brochure for prices or contact us to place your order.

