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save up to 25% off retail prices on course packages and 10% off on individual items each course package contains all required materials listed beneath it. Course materials may change, please contact us before ordering.

LEVEL 1 IVIAI PLUS courses II					WHEN FAXING, PLEASE ENSURE YOUR NAME AND PHONE NUMBER ARE INCLUDED ON <b>BOTH</b> SIDES OF THIS FORM.
REQUIRED MATERIALS US \$ CDN		TOTAL			name
Mat/Reformer Support Materials Book*		\$ 29.95	Х	=	
Mat Course Package	80.10	110.10	Х	=	company name
Comprehensive Matwork™ Manual	42.30	60.30	Х	=	address
Essential Matwork™ video 2nd edition	13.46	17.96	Х	=	addi ess
Intermediate Matwork™ video 2nd edition	n 13.46	17.96	Х	=	
Flex-Band™ Pilates level 1 video	13.46	17.96	Х	=	-14
Power Fitness Circle video	13.46	17.96	Х	=	city
OPTIONAL MATERIALS					state / province
Arc Barrel video	17.96	22.46	Х	=	
Advanced Matwork™ video 2nd edition	13.46	17.96	Х	=	zip / postal code
LEVEL 1 REFORMER courses	IR. CMR				phone (day)
REQUIRED MATERIALS	US \$	CDN \$		QTY TOTAL	
Mat/Reformer Support Materials Book*	\$19.95	\$ 29.95	Х	=	phone (evening)
Reformer Course Package	182.06	258.56	Х	=	email address
Essential Reformer video 2nd edition	26.96	35.96	х	=	
Intermediate Reformer video	31.46	40.46	х	=	cheque enclosed money order
Power Reformer video	22.46	31.46	х	=	☐ VISA ☐ AMEX ☐ MasterCard
Reformer Modifications video	26.96	35.96	х	=	
Essential Reformer manual 2nd edition	49.00	75.00	х	=	card #
Intermediate Reformer manual 2nd edition	n 49.00	75.00	х	=	expiry date
OPTIONAL MATERIALS					
Advanced Reformer video set of 2	44.91	62.91	х	=	specify video format
Advanced Reformer manual	26.96	35.96	х	=	VHS-NTSC – North American standard
LEVEL 1 CADILLAC, CHAIR REQUIRED MATERIALS	R & B/	ARRE CDN \$		courses ICCB, CCCB	VHS-PAL - European & UK standard
C,C&B Course Package	\$194.66	\$254.66	х	=	specify delivery
Essential Cadillac video	31.46	40.46	х	=	ship to address above (charges apply)
Intermediate Cadillac video	31.46	40.46	х	=	still to address above (charges apply)
Essential Cadillac manual	31.46	40.46	х	=	hold items for pickup
Essential Stability Chair™ video	26.96	35.96	х	=	chosify your source start date
Intermediate Stability Chair™ video	26.96	35.96	х	=	specify your course start date
Split-Pedal Stability Chair™ video	26.96	35.96	х	=	
Arc Barrel video	17.96	22.46	х	=	
Spine Corrector video	17.96	22.46	Х	=	
Ladder Barrel video	22.46	31.46	х	=	Please allow 10-12 days from receipt of payment for delivery within North America, subject to availability.
OPTIONAL MATERIALS					SHIPPING RATES within continental USA & Canada: 1 video /
Advanced Cadillac video	31.46	40.46	х	=	manual = \$5,4 to 9 videos / manuals = \$15. Shipping costs vary
Advanced Stability Chair™ video	26.96	35.96	х	=	outside North America, please contact us for precise amounts.
Matrials Book is required ontario only for both courses but only needs to be purchased once.	<b>7%</b> GST :	<b></b>			Make cheques payable to STOTT PILATES EQUIPMENT Inc.  Prices are subject to change without notice.  TAXES for tax information please see reverse.
see additional course materials on reverse	TOTAL S				STOTT PILATES THE CONTEMPORARY APPROACH

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LEVEL 2 IVIA I VVORK course	AM					WHEN FAXING, PLEASE ENSURE YOUR NAME AND PHONE NUMBER ARE INCLUDED ON <b>BOTH</b> SIDES OF THIS FORM.
REQUIRED MATERIALS	US \$	CDN \$	QTY		TOTAL	_
Advanced Matwork <sup>™</sup> video 2nd edition	\$ 13.46	\$ 17.96	Х	=		name
LEVEL 2 REFORMER course	AR					company name
REQUIRED MATERIALS	US \$	CDN \$	QTY		TOTAL	
Advanced Reformer video set of 2	\$ 44.91	\$ 62.91	Х	=		address
Advanced Reformer manual 1st edition	26.96	35.96	Х	=		_
LEVEL 2 CADILLAC, CHA	AIR & I	BARR	RELS	cours	se ACCB	
REQUIRED MATERIALS	US \$	CDN \$	QTY		TOTAL	city
Advanced Cadillac video	\$ 31.46	\$ 40.46	Х	=		_ state / province
Advanced Stability Chair video	26.96	35.96	Х	=		
REHABILITATION courses	RMR1. RM	R2. RCCE	31. RCCE	2		zip / postal code
REQUIRED MATERIALS	US \$	CDN \$	QTY		TOTAL	phone (day)
Rehab Course Package	\$ 74.85	\$ 97.35	Х	=		
Back Care™ Pilates level 1 video	13.46	17.96	Х	=		phone (evening)
Back Care™ Pilates level 2 video	13.46	17.96	х	=		email address
Lumbar Stabilization video	31.46	40.46	х	=		
Shoulder Stabilization video	31.46	40.46	х	=		cheque enclosed money order
OPTIONAL MATERIALS						VISA AMEX MasterCard
Essential Matwork™ video 2nd edition	13.46	17.96	х	=		- <del> </del>
Comprehensive Matwork™ Manual	42.30	60.30	х	=		card #
Back Care™ Pilates level 3 video	13.46	17.96	х	=		expiry date
Essential Reformer video	26.96	35.96	х	=		
Essential Reformer manual 2nd edition	49.00	75.00	х	=		specify video format
Essential Cadillac video	31.46	40.46	х	=		VHS-NTSC – North American standard
Essential Cadillac manual	31.46	40.46	Х	=		
INJURY & SPECIAL PO	ΡΙΙΙ ΔΤ	ION	Scours	. ICD		VHS-PAL – European & UK standard
REQUIRED MATERIALS	US \$	CDN \$	QTY	e 13P	TOTAL	specify delivery
ISP Course Package	\$101.85	\$137.85	х	_		
Back Care™ Pilates level 1 video	13.46	17.96	х	_		ship to address above (charges apply)
Back Care™ Pilates level 2 video	13.46	17.96	х	_		hold items for pickup
Lumbar Stabilization video	31.46	40.46	х	_		
Shoulder Stabilization video	31.46	40.46	х	_		specify your course start date
☐ ISP Binder	27.00	40.50	х	_		-
OPTIONAL MATERIALS						
Back Care™ Pilates level 3 video	13.46	17.96	х	=		Please allow 10-12 days from receipt of payment for delivery
SI	JBTOTAL S	\$				within North America, subject to availability.
ontario only						<ul> <li>TAXES apply as follows: 7% g.s.t. across Canada, additional 8% p.s.t in Ontario. No taxes outside Canada. SHIPPING for shipping rates</li> </ul>
see reverse						please see reverse. <b>Prices are subject to change without notice</b> .
Tor lever I	SHIPPING S					- «
materials	TOTAL					STOTT PILATES  THE CONTEMPORARY APPROACH

## ADDITIONAL COURSE MATERIALS available at most book stores

THESE TITLES ARE RECOMMENDED FOR INTENSIVE COURSES AND REQUIRED FOR COMPREHENSIVE COURSES

1. The Anatomy of Movement, Blandine & Calais-Germaine

2. The Anatomy Colouring Book, Kapit & Elson



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