TRADEMARK OF MERRITHEW CORPORATION., USED UNDER LICENCE.

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APPLICATION FORM. PRINTED IN CANADA.

COURSE

TOTT PILATES CERTIFICATION APPLICATION

merrithew corporation

mail your application to: STOTT PILATES 2200 Yonge Street, suite 1402, Toronto ON, Canada M4S 2C6 or fax: 416-482-2742 attn: STOTT EDUCATION

CONTACT INFORMATION

name		company name (if applicable)	
address			
city	state/province	zip/postal code	country
phone (day)		(evening)	
fax		e-mail address	

COURSE REGISTRATION

Applications must be accompanied by 2 letters of reference and a deposit of 20% of the course fee. Space is limited and applications will be processed on a firstcome-first-served basis. Space will ONLY be reserved upon the receipt of all application materials and deposit.

Prices are subject to change without notice. Fees for courses and workshops do not include required course materials or applicable taxes. Course fees are due 2 weeks before course start date. Deposits and course fees are non-refundable. Deposits are non-transferable. For full details on our registration and cancellation policy, contact us or visit www.stottpilates.com/education/cancelpolicy.html

COMPREHENSIVE PROGRAM		
CMR Mat & Reformer – 90 hours + 60 hrs apprenticeship	CCCB Cadillac, Chair and Barrels – 50 hours + 40 hrs apprenticeship	
ISP Injuries & Special Populations – 24 hours	AMP, AR, ACCB Advanced Repertoire – 36 hours	
	FULL [CMR, CCCB, ISP, AMP, AR, ACCB] – 7 month program + 100 hrs apprenticeship	
INTENSIVE PROGRAM		
IMP Mat-Plus – 40 hours	AMP Advanced Matwork Repertoire – 6 hours	
IR Reformer – 50 hours	AR Advanced Reformer Repertoire – 18 hours	
ICCB Cadillac, Chair and Barrels – 50 hours	ACCB Advanced CC&B Repertoire – 12 hours	
ISP Injuries & Special Populations – 24 hours		
REHABILITATION PROGRAM		
RMR1 Lumbar & Shoulder Girdle Stabilization on Mat & Reformer – 24 hours	RCCB1 Lumbar & Shoulder Stabilization on Cadillac, Chair & Barrels – 24 hours	
RMR2 Peripheral Joint Rehabilitation on Mat & Reformer – 24 hours	RCCB2 Peripheral Joint Rehabilitation on Cadillac, Chair & Barrels – 24 hours	
START DATE(S) REQUESTED see attached fee and course schedule		
PAYMENT METHOD		
deposit only full payment MasterCard	VISA AMEX cheque money order	
# exp	name on card	
signature		
CHARACTER REFERENCES		
This application must be accompanied by two letters of references. Letters should re	flect course prerequisites, your teaching abilities and character.	

RELEVANT EDUCATION		PAGE 2 OF 2
please list related degrees, diplomas, post secondary or certificate courses and workshops		
describe anatomy education (muskuloskeletal / biomechanics)	college / university course	workshop / other
(include number of hours, when/where you studied)		
list related certification (eg. ACE, AFAA etc. please specify)		
RELEVANT EXPERIENCE		
outline your teaching experience (describe subject taught / years teaching)		
describe your personal experience in dance, fitness or other body work (how many years / how re	ecently)	
outline your pilates experience (describe when & where, STOTT PILATES or other) none	1-10 hours 10-30 hours	30+ hours
PERSONAL INFORMATION		
have you any injuries, conditions (including current / recent pregnancy) or postural issues that ma (medical clearance may be required)	ay affect your performance during the course	?
how did you hear about STOTT PILATES / STOTT EDUCATION?		
why are you interested in becoming a STOTT PILATES certified instructor?		
how do you plan to use your certification (how will you be applying your knowledge)?		

yes

no

2200 yonge street, suite 1402, toronto ON, canada m4s 2c6 phone: 416-482-4050 ext 246 fax: 416-482-2742 toll-free order line: 1-800-910-0001 email: education@stottpilates.com website: www.stottpilates.com

are you using this course to fulfill continuing education credits?

STOTT PILATES

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