

course application

mail your application to:

STOTT PILATES 2200 Yonge Street, suite 500, Toronto ON, Canada M4S 2C6 or fax: 416-482-274 attn: education dept.

If you are taking a course at one of our licensed training centers, please visit: www.stottpilates.com/education/centers.html to download the appropriate application form and send it directly to the center.

contact information *please print*

name:		company name (if applicable):	
address:			
city:	prov. / state:	country:	postal / zip code:
telephone day:	evening:		email:

course registration

Applications must be accompanied by a detailed resume / CV outlining education and experience, two letters of references, a deposit of 20% of the course fee and a deposit of 20% of the materials fee. Space is limited and applications will be processed on a first-come-first-served basis. Space will **ONLY** be reserved upon the receipt of all application materials and deposit.

Prices are **subject to change without notice**. Fees for courses and workshops do not include required course materials or applicable taxes. Course fees are due two weeks before course start date. **Deposits and course fees are non-refundable. Deposits are non-transferable.** For full details on our registration and cancellation policy, contact us.

comprehensive program

- | | |
|---|---|
| <input type="checkbox"/> CMR Comprehensive Matwork & Reformer – 90 hrs + 60 hrs apprenticeship | <input type="checkbox"/> CCCB Comprehensive Cadillac, Chair & Barrels – 50 hrs + 40 hrs apprenticeship |
| <input type="checkbox"/> ISP Injuries & Special Populations – 24 hrs | <input type="checkbox"/> AM, AR, ACCB Advanced Repertoire – 36 hrs |
| <input type="checkbox"/> FULL [CMR, CCCB, ISP, AMP, AR, ACCB] – 7 month program + 100 hrs apprenticeship | |

intensive program

- | | |
|---|--|
| <input type="checkbox"/> IMP Intensive Mat-Plus™ – 40 hrs | <input type="checkbox"/> AM Advanced Matwork – 6 hrs |
| <input type="checkbox"/> IR Intensive Reformer – 50 hrs | <input type="checkbox"/> AR Advanced Reformer – 18 hrs |
| <input type="checkbox"/> ICCB Intensive Cadillac, Chair and Barrels – 50 hrs | <input type="checkbox"/> ACCB Advanced Cadillac, Chair and Barrels – 12 hrs |
| <input type="checkbox"/> ISP Injuries & Special Populations – 24 hrs | |

course application (cont'd)

course registration (cont'd)

group spx™ program

GM1 Group SPX Mat-Plus, Module 1 – 25 hrs **GR1** Group SPX Reformer, Module 1 – 30 hrs

GM2 Group SPX Mat-Plus, Module 2 – 15 hrs **GR2** Group SPX Reformer, Module 2 – 20 hrs

rehabilitation program

RMR1 Lumbar & Shoulder Girdle Stabilization; Matwork & Rehab Reformer – 24 hrs

RCCB1 Lumbar & Shoulder Girdle Stabilization; Cadillac, Chair & Barrels – 24 hrs

RMR2 Peripheral Joint Rehabilitation; Matwork & Rehab Reformer – 24 hrs

RCCB2 Peripheral Joint Rehabilitation; Cadillac, Chair & Barrels – 24 hrs

crossover workshops

XMG Crossover from Intensive Mat-Plus Training to Group Training – 6 hrs

XRG Crossover from Intensive Reformer Training to Group Training – 6 hrs

XMP Crossover from Group SPX Mat-Plus to Personal Training – 10 hrs

XRP Crossover from Group SPX Reformer to Personal Training – 10 hrs

start date requested

payment method

deposit only full payment MasterCard VISA AMEX check money order

account number: _____ exp: _____

name on card: _____ signature: _____

reference letters

Letters should reflect course prerequisites, your teaching abilities and character



Education

2200 Yonge Street, Suite 500, Toronto, ON, Canada M4S 2C6
Telephone 416-482-4050 Facsimile 416-482-2742 E-mail education@stottpilates.com
Toll-free North America 1-800-910-0001 UK 0800-328-5676

course application (cont'd)

relevant education

Please list related degrees, diplomas, postsecondary or certificate courses and workshops

Describe anatomy education: Include number of hours, when / where you studied and what topics were covered

(e.g. musculoskeletal, anatomy, biomechanics)

college / university course

workshop / other

List related certification (please specify: eg. ACE, AFAA)

relevant experience

Outline your teaching experience (describe subject taught / years teaching)

Describe your personal experience in dance, fitness or other body work (how many years / how recently)

Outline your pilates experience (describe when & where, indicate STOTT PILATES or other) none 1-10 hrs 10-30 hrs 30+ hrs

course application (cont'd)

personal information

Do you have any injuries, (including current or recent pregnancy) or postural issues?

Failure to disclose any injuries, conditions or postural issues prior to enrollment may result in your removal from the course or the modification of course repertoire for you individually.

How did you hear about STOTT PILATES and its education program?

Why are you interested in becoming a pilates instructor?

Are you using this course to fulfill continuing education credits? Yes No If so, for what organization?

I plan to attend all course hours: Yes No

I hereby certify that the information provided on this application is accurate.

I understand that failure to provide accurate information may result in my removal from the certification program.

I have included the following:

- 20% non-refundable / non-transferable course fee deposit
- 20% non-refundable / non-transferable course materials deposit
- Two letters of reference
- Detailed resume / CV of education / experience

Applications that do not include the above will not be processed.

signature:

date:
