One of the most versatile, user-friendly, early application

rehabilitation tools available today.

Open or closed-chain exercises are performed against an initial resistance as low as 2.7 pounds. Push-Thru and Roll-Down Bars, with adjustable spring resistance, support the body, and facilitate movement while encouraging stabilization of the lumbo-pelvic region and shoulder girdle. Leg and arm springs attach at various heights to progress patients to open chain exercises.

Over 50 exercises with hundreds of variations can be performed in prone, supine, side-lying, kneeling, standing, and inverted positions to work all muscle groups. Constructed for incomparable durability, the STOTT PILATES Cadillac will provide your facility with thousands of productive service hours, helping patients make essential mind-body connections.

## **Product Features**

- Bed made of dense EVA foam with durable vinyl upholstery
- Sturdy construction supports basic movements through to advanced acrobatic maneuvers
- Two sliding bars with multiple spring attachment sites allow for highly variable spring resistance
- Multiple spring lengths, tensions and attachment sites offer functional exercises for all levels of ability (Springs are color coded for easy recognition.)
- Bed height is ideal for exercises in sitting, standing or lying positions
- Equipped with 2 light arm springs with foam grip handles, 2 leg springs with padded long spine straps, push-thru bar with 4 springs (2 with protective covering and locking spring clips)
- Includes a Maple Roll-Down Bar with 2 springs, Vertically and Horizontally Sliding Bars with spring attachments, Trapeze Bar plus 2 springs with protective covering and trapeze strap, support strap, 1 pair fuzzy hanging straps, safety chain with dual spring clip adjustments
- For facilities with lower ceilings, this item can be custom ordered at a height of 69" (bed is 11.5" from floor)

# **Dimensions & Specifications**

### **Bed Dimensions**

- Width 28"
- Height from floor 25.5"

Some assembly required

### **Overall Dimensions**

- Width 36"
- Width including floor mounts 44"
- Length 89"
- Height 83"
- Equipment weight 215 lbs
- Load capacity 350 lbs

## Safety & Maintenance Tip

Cadillac springs and spring clips should be replaced every two years.



### **Questions?**

Call us at 416-482-4050 x 264 or toll-free at 1-800-910-0001, email equipment@stottpilates.com or visit www.stottpilates.com

